



WELLNESS CLASSES

A variety of wellness & fitness related activities are available on property. Contact the Guest Services Desk for the list of classes and scheduling your session.

GROUP PACKAGES

Group rates are available for Brides & Bridal Parties, Showers, Birthdays, Workshops and Special Occasions. Contact the Spa Reservations Desk for more information.

CANCELLATION POLICY

24 hours notice prior to your appointment time required for cancellations without a charge.

SPA ETIQUETTE

Please arrive 10 minutes prior to your service. Kindly be seated at the sitting area outside the cave entrance, as the doors to the spa cave stay locked at all times for safety reasons. Your therapists will lead you into the cave when it is time for your appointment.

If you wish to use the restroom facilities before/after your spa services, kindly use the restroom facilities located at the pool/beach area as restrooms are not available within the cave.

GRATUITY

18% gratuities will be added to your final bill.



www.grotto bay.com

SPA RESERVATIONS DESK:

OPEN DAILY 9.00AM – 5.00PM
441 293 8333 Ext.1928
spa@grotto bay.com

11 Blue Hole Hill,
Hamilton Parish CR04
Bermuda



NATURA SPA

SPA SERVICES | PRICE LIST



MASSAGES

Signature	50 min	\$175.00
	80 min	\$205.00
Deep Tissue	50 min	\$160.00
	80 min	\$190.00
Sports	50 min	\$160.00
	80 min	\$190.00
Swedish	50 min	\$140.00
	80 min	\$170.00
Four Handed	50 min	\$250.00
	80 min	\$290.00
Hot Stone	50 min	\$180.00
	80 min	\$210.00
Prenatal	50 min	\$160.00
	80 min	\$190.00
Warm Bamboo	50 min	\$150.00
	80 min	\$180.00
Traditional Thai	30 min	\$130.00
	50 min	\$170.00
Couples	50 min	\$305.00
	80 min	\$345.00
Back Neck & Shoulders	30 min	\$100.00
Back Neck & Shoulders with Hot Stones	30 min	\$120.00

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SPA TREATMENTS & ADD-ONS

Vanilla Sugar Glow	45 min	\$135.00
Tangerine Salt Glow	45 min	\$135.00
Marine Algae Body Wrap	50 min	\$150.00
Sedona Mud Body Wrap	50 min	\$150.00
Hopi Ear Candling	25 min	\$70.00
Back Facial	30 min	\$115.00
Warm Oil Scalp Treatment	25 min	\$95.00
Foot Treatment	25 min	\$95.00
Spa Medley	50 min	\$175.00
Spa Medley	80 min	\$205.00

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ENHANCERS

Foot Treatment Enhancer	15 min	\$45.00
Warm Oil Scalp Enhancer	15 min	\$45.00
Hot Stone Enhancer	15 min	\$45.00
Thai Massage Enhancer	15 min	\$50.00

An enhancer is included within the treatment time and is not added on as additional time

BLISSY MISSY *For little misses under 15*

Blissy Mini Massage	30 min	\$50.00
Blissy Foot Massage	30 min	\$50.00
Blissy Warm Oil Head Massage	30 min	\$50.00

* Young Spa Guests : Children between the ages of 6 years - 12 years

* Guests under the age of 18 years must be accompanied by an adult.

* Guests must have completed the first trimester to receive a Prenatal Massage.

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